



Foods to Hide Pills In *For Cats*

The following foods are great for hiding pills in to get your cat to take medications:

- Plain deli meat
- Canned tuna/tuna juice (pill must be crushed)
- Canned chicken/chicken juice (pill must be crushed)
- Marshmallows
- Churu™ Treats
- Small amount of butter
- Small amount of squeeze cheese
- Small amount of whipped cream
- Small amount of cream cheese
- Plain, low-fat, or Greek yogurt
- Greenies pill pockets
- Wet food “meatball” (roll up pet’s wet food into a ball)
- Meat-based baby food
- Probiowrap™
- Liverwurst
- Corned beef hash
- Small cooked cocktail shrimp
- Fig Newtons™
- Tofu
- Cooked macaroni
- Cubed cooked carrot slices
- cubed cooked potato
- Olives

If none of these work, we can try a compounding pharmacy.

How to trick cats into thinking they aren’t being medicated:

- Open the pill bottle away from them so that they don’t associate the pill bottle with getting medications, and won’t expect to be medicated.
- Wash hands after handling the medicine and before giving it to your cat.
- Give a couple of non-medicated treats before giving the treat with the pill hidden in it.
- Pretend to be making or eating food, and “*accidentally*” drop your cat’s pill.
- If the pill is bitter, get pill caps that dissolve in the cat’s stomach so, initially, it won’t taste bad.
- Put the pill in their kibble if they usually eat all their food in one sitting.

When all else fails...

- Put the pill as far back into your cat’s throat as you can. Try to get it as far back on the tongue as possible to avoid them tasting anything. Hold their mouth closed, and either rub their throat or blow at their nose. This activates a swallow reflex. If they lick their lips, that usually means they swallowed. We can provide a pilling device for this, if needed.

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