



## **Foods to Hide Pills in** *For Dogs*

The following foods are great for hiding pills in to get your dog to take medications:

- |                              |                                   |  |
|------------------------------|-----------------------------------|--|
| - Cubed Apples               | - Blueberries                     | - Meatball of wet dog food               |
| - Small piece of hot dog     | - Small piece of string cheese    | - Deli meat                              |
| - Sardines                   | - Cube of boneless chicken breast | - Spray cheese                           |
| - Cream Cheese               | - Bread                           | - Cottage Cheese                         |
| - Corned beef hash           | - Fig Newtons™                    | - Cooked macaroni                        |
| - Cubed cooked potato        | - Probiowrap™                     | - Spoonful of Xylitol-free Peanut Butter |
| - Vegetarian refried beans   | - Raspberries                     | - Strawberries                           |
| - Green beans                | - Cherry tomatoes                 | - Peach slices                           |
| - Banana                     | - Ravioli                         | - Watermelon Cube                        |
| - Sugar-free apple sauce     | - Pill pockets                    | - Wrap-a-Pill™                           |
| - Liverwurst                 | - Small cooked cocktail shrimp    | - Tofu                                   |
| - Cubed cooked carrot slices | - Olive                           | - Spoonful of plain yogurt               |

### **How to trick dogs into thinking they aren't getting medicated:**

- Open the pill bottle away from them so they don't associate the pill bottle with getting medications, and won't expect to be medicated.
- Wash hands after handling the medicine and before giving it to your dog
- Give a couple of non-medicated treats before giving the treat with the pill hidden in it
- Pretend to be making or eating food, and "accidentally" drop your dog's pill
- If the pill is bitter, get pill caps that dissolve in the dog's stomach so, initially, it won't taste bad.
- Put the pill in their kibble if they usually eat all their food in one sitting.

### **When all else fails...**

- Put the pill as far back into your dog's throat as you can. Try to get it as far back on the tongue as possible to avoid them tasting anything. Hold their mouth closed, and either rub their throat or blow at their nose. This activates a swallow reflex. If they lick their lips, that usually means they swallowed. We can provide a pilling device for this, if needed.

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